## 2018-2019 Colorado Health Assessment and Public Health Improvement Plan Assessment and Planning Advisory Council (APAC)

April 12, 2018 from 9:00 am-11:30 am Larimer County Dept. of Health & Environment 1525 Blue Spruce Dr. Fort Collins, CO 80524 Conference call: 877-820-7831 Participant code: 265224#

## **Meeting Purpose:**

- Increase understanding of the assessment process and approve charter;
- Discuss information on Colorado population (numbers and stories);
- Solicit feedback on communication/engagement strategy;
- Define final outcome for assessment

Time	Agenda Items
9:00am	Welcome! What do you know about power structures?  Outcome: Participants will be warmed up and ready to participate.
9:20am	Acknowledgements and Updates  Outcome: Members will be validated for their participation on the charter and receive an update on the assessment process.
9:40am	Data and statistics and bears Oh my!  Outcome: Members will learn about current information and gaps on the State's population.
10:00am	Breakout Session - How can we fill the gaps?  Outcome: Members will give feedback on additional information resources and brainstorm ideas on how to fill the number and story gaps.
10:25am	Group Discussion/Sharing Time Outcome: Members will share information learned during breakout sessions. Feedback on how to fill the gaps will take place.
10:30pm	Communication Strategy? Who should be our audience? What should be our end product(s)?  Outcome: Members will learn about possible communication strategies and provide feedback on what could work with specific audiences.
11:30pm	Next Steps and Wrap Up



## REMEMBER OUR GUIDING PRINCIPLES? Please keep them in mind as you prepare for the meeting.

Partnership	We approach assessment and planning as an opportunity to create, strengthen and enhance
Focused	authentic, cross-sector partnerships at all levels, including with community and residents.
	We ensure the various people, perspectives and sectors involved in and most impacted
Diverse and	by the issues are engaged in the process, including those representing upstream
Inclusive	determinants of health, and welcome discourse that surfaces both commonalities and
	differences.
Transparent	We ensure open communication and information sharing, keeping partners and community
Transparent	connected throughout the assessment and planning process.
Strengths-Based	We approach assessment and planning striving to first and foremost understand assets,
Strengths-based	successes and opportunities.
Coordinated	We leverage, maximize and build from existing assessments, plans, relationships and
Coordinated	resources across local, regional, statewide and national levels.
Creative and	We push beyond typical methods and into creative and innovative spaces, supporting
Innovative	continued learning, leadership and capacity building in public health.
Data Driven	We embrace data-informed planning and decision making, factoring in content-focused and
	quantitative data along with context-focused and qualitative data.
Equitable and	We intentionally consider issues of equity, implicit bias and justice throughout the process,
Just	allowing space to question how we address the upstream factors that affect health (e.g.
Just	economic opportunity, physical environment, social factors).

## ~ 10 Tips for Actively Participating in Meetings ~

- 1. Come Prepared
- 2. Think Before you Speak
- 3. Be Positive
- 4. Respect Others
- 5. Monitor Yourself

- 6. Focus on Solutions
- 7. Take Discussion Offline
- 8. Remember Remote Participants
- 9. Take Ownership
- 10. Follow-Up

Important Thoughts, Ideas or Action Items

